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Microbiology of Odontogenic Bacteremia: beyond Endocarditis

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Microbiology of Odontogenic Bacteremia: beyond Endocarditis

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INTRODUCTION

Recent advances in bacterial identification methods, particularly culture independent approaches such as 16S rRNA gene sequencing, have shown that oral niches are inhabited by more than 6 billion bacteria representing in excess of 700 species belonging to at least nine different phyla (1, 33, 36, 70, 96). Since some 30 to 40% of the bacteria normally residing in the human mouth remain to be identified, the 16S rRNA sequencing approach also provides a tool to arbitrarily estimate the diversity of these organisms (24). The bacterial flora of the mouth, like most other resident floras of the human body, such as those of the skin and the gut, exhibits commensalism, a survival mechanism that benefits the microbes without harming the host. Yet these largely innocuous commensal residents of the human body have the propensity to become pathogenic in the event of translocation to a different niche (58).

Oral commensals, particularly those residing in periodontal niches, commonly exist in the form of biofilm communities on either nonshedding surfaces, such as the teeth or prostheses, or shedding surfaces, such as the epithelial linings of gingival crevices or periodontal pockets. A feature that is unique to the oral bacterial biofilm, particularly the subgingival plaque bio-

film, is its close proximity to a highly vascularized milieu (90). This environment is different from other sites where bacteria commonly reside in the human body. For example, the ingress of cutaneous flora into the circulation is prevented by the relatively thick and impermeable keratinized layers of the skin, while the mucosal flora of the gastrointestinal and genitourinary tracts is commandeered by the rich submucosal lymphatics, which keep microorganisms under constant check. Their covering epithelia are continuously shed at a quick rate, denying prolonged colonization by the bacterial flora. Although innate defense by polymorphonuclear neutrophils is highly developed at the dentogingival junction and backed up by a highly organized lymphatic system, the oral biofilms, if left undisturbed, can establish themselves permanently on nonshedding tooth surfaces subjacent to the dentogingival junction. Under these circumstances, any disruption of the natural integrity between the biofilm and the subgingival epithelium, which is at most about 10 cell layers thick, could lead to a bacteremic state (Fig. 1) (116).

All too often, in common inflammatory conditions such as gingivitis and chronic periodontitis, which are precipitated by the buildup of plaque biofilms, the periodontal vasculature proliferates and dilates, providing an even greater surface area that facilitates the entry of microorganisms into the blood-stream. Often, these bacteremias are short-lived and transient, with the highest intensity limited to the first 30 min after a trigger episode, as discussed in the following sections (Fig. 2).

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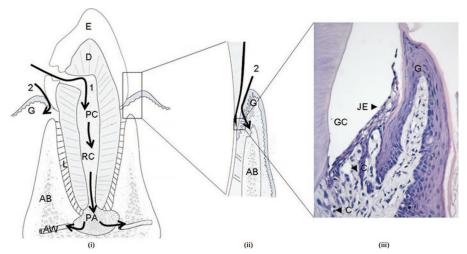


FIG. 1. Possible routes of bacterial entry from teeth into the systemic circulation. Pathway 1, entry via the root canal (RC) or from periapical lesions (PA) into the alveolar blood vessels (AW); pathway 2, entry from the periodontium, where bacteria in the gingival crevices (GC) translocate to the capillaries (C) in the gingival connective tissues, possibly through the junctional epithelium (JE). E, enamel; D, dentine; L, periodontal ligament; and AB, alveolar bone. (Panels i and ii are modified from reference 116 with permission from Elsevier. Panel iii is courtesy of Lu Qian [Oral Bio-Sciences, Faculty of Dentistry].) Note that the junctional epithelium was detached from the enamel due to processing for microscopy.

On occasions, this may lead to seeding of organisms in different target organs, resulting in subclinical, acute, or chronic infections. Bacterial endocarditis is a well-known complication of such bacteremias of odontogenic origin and has been a matter of great concern for dentists, cardiologists, and microbiologists alike for many a decade. The literature and guidelines on the prevention and management of bacteremia of odontogenic origin have been under constant review, particularly with regard to prophylactic antibiotics and dental procedures, with differing opinions expressed on both sides of the Atlantic, particularly in recent months (51, 108, 143). Yet there are a number of other organs and body sites that may be affected by focal bacteremic spread from the oral cavity. Hence, the focus of this review is on issues that are unrelated to the connectivity between bacterial endocarditis and odontogenic bacteremias, with emphasis on other local and systemic morbidities due to such bacteremias.

Bacterial Entry into the Bloodstream

Based on the current evidence, it is likely that bacteria gain entry into the bloodstream from oral niches through a number of mechanisms and a variety of portals. First, and most commonly, when there is tissue trauma induced by procedures such as periodontal probing, scaling, instrumentation beyond the root apex, and tooth extractions, a breakage in capillaries and other small blood vessels that are located in the vicinity of the plaque biofilms may lead to spillage of bacteria into the systemic circulation (Fig. 1). Obviously, a higher microbial load would facilitate such dissemination, as it is known that individuals with poor oral hygiene are at a higher risk of developing bacteremias during oral manipulative procedures (48). Second, innate microbial factors may play a role in the latter phenomenon, as only a few species are detected in experimental bacteremias despite the multitude of diverse bacteria residing within the periodontal biofilm. Species that are commonly found in the bloodstream have virulence attributes that could be linked to vascular invasion (Table 1). Of particular note are attributes such as endothelial adhesion of *Streptococcus* spp., degradation of intercellular matrices by *Porphyromonas gingivalis*, and impedance of phagocytic activity by *Aggregatibacter actinomycetemcomitans* and *Fusobacterium nucleatum*.

OBJECTIVES

The focus of this review is threefold. The first aim is to evaluate the evidence base on triggering mechanisms and underlying predisposing factors that lead to odontogenic bacteremias, the second aim is to determine the diversity and frequency of causative bacterial species in relation to various oral manipulative procedures, and the final aim is to assess the role of odontogenic bacteremia as a causative factor in systemic and end organ infections other than endocardial infections. We have particularly focused on systemic or end organ affections other than bacterial endocarditis, primarily because the pathogenesis of endocarditis secondary to odontogenic bacteremia has been reviewed extensively elsewhere (for a recent review, see reference 40).

Search Strategy

We searched the PubMed database for articles on bacteremia in human subjects, limiting the search to articles published in English. In order to elicit the events that lead to bacteremia of oral origin, the search query was worded "bacteremia," coupled with "procedure" and the Boolean operator "and." Bacterial diversity in the mouth was studied by analyzing the records cited in the database that had adopted the rRNA sequence-based phylogenetic approach, while diversity of oral bacteremias was appraised by combining the search for "bacterial genera" with the term "bac-

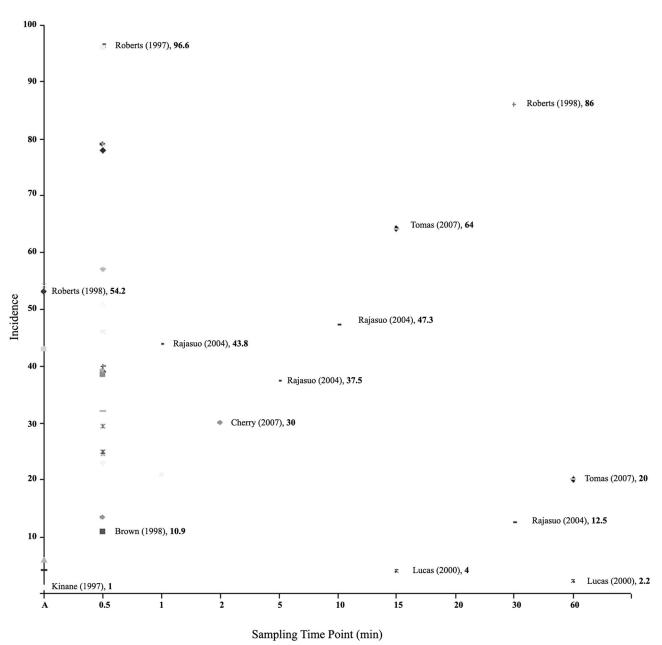


FIG. 2. Chart indicating the time course distribution of the incidence of odontogenic bacteremias from 50 studies reported in the literature. The lowest and highest incidences reported at a given time point are annotated in the chart, with the percentage shown in bold. (Note that at time point A the sampling was done during the intervention or immediately thereafter.)

teremia." On all occasions, records were sorted according to relevance, and if it was deemed necessary, references cited in a given record were further analyzed. In total, 170 citations were derived for the search "bacteremia and procedure." By relevance, 6 citations in relation to physiological and personal hygiene activities, 13 regarding periodontal procedures, 19 regarding different modalities of tooth extractions, 5 regarding orthodontic appliances, 3 regarding endodontic procedures, and 5 regarding miscellaneous procedures were further appraised. In relation to systemic affections consequent to odontogenic bacteremia, 27 citations were evaluated based on relevance.

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HISTORICAL PERSPECTIVES

The link between dental procedures and resultant bacteremias has been under scrutiny for more than half a century. Some early work dates back to the 1930s, when it was found that the extent of gum disease has a confounding effect on the development of bacteremia following dental extractions. In one of the earliest reports, in 1939, Elliot (41) noted in an article to the Royal Society of Medicine in the United Kingdom that the incidence of postextraction bacteremia due to streptococci was increased when the condition of the periodontal health declined from minimally detectable gum disease to

TABLE 1. Major bacterial species recovered from odontogenic bacteremias and putative virulence factors thought to facilitate their entry and survival in blood

Organism	Factor, function, and/or characteristic	Reference
Streptococcus mutans	Ability to switch peripheral blood monocytes to dendritic cells which exhibit large numbers of adhesion molecules, such as ICAM-1, ICAM-2, and LFA-1, contributing to adhesion to the injured endothelium and to fibrinogen in blood clots	52
Porphyromonas gingivalis	Cysteine proteinase (gingipain); degrades extracellular matrix proteins, such as laminin, fibronectin, and type IV collagen	6
Abiotrophia defectiva	Strains associated with endocarditis in humans show a higher fibronectin-binding ability than that of related species	122
Aggregatibacter actinomycetemcomitans and Fusobacterium nucleatum	Inhibits binding of chemotactic peptides to neutrophils	136
A. actinomycetemcomitans	EmaA (extracellular matrix protein adhesin A); forms antenna-like protrusions associated with the surface and mediates adhesion to collagen	115
Streptococcus intermedius	Hyaluronidase and chondroitin sulfate depolymerase break the ground substance in connective tissues, facilitating spread	123
Streptococcus anginosus	Binds to the endothelium, the basement membrane, and collagen	4
Streptococcus sanguis	Platelet aggregation-associated protein; enhances platelet accumulation	52
Porphyromonas gingivalis	Porin-like activity of the outer membrane molecules (probably lipopolysaccharide) can depolarize neutrophils and immobilize polymorphonuclear leukocyte responses	91
Viridans streptococci	Secreted factors could increase the production of interleukin-8, which is particularly important in lung pathology, such as acute respiratory distress syndrome (ARDS)	125

moderate and marked periodontitis. Furthermore, the intensity of the bacteremia was also observed to be highest among subjects with periodontal disease (41). In subsequent studies, the decline in incidence and the efficacy of antimicrobials, such as sulfanilamide, that were in use during the period in reducing bacteremias were evaluated, and the higher incidence of viridans group streptococcal bacteremias was reported (10). In 1954, Cobe evaluated the degree of dental and periodontal trauma that resulted in bacteremia in a cohort of 1,350 subjects assigned to five groups based on operative or surgical procedure. His findings in this landmark study indicated the highest incidence of bacteremia with periodontal cleaning (40%), followed by exodontia (tooth extraction) (35%), brushing (24%), and hard mastication (chewing hard candy) (17%) (25). The more "innovative" approach of other early investigators, who inoculated hapless subjects with bacteria and lytic enzymes to evaluate the degree of bacteremia, cannot even be contemplated in the present-day context of medical ethics (17, 25)! Nevertheless, these studies helped to highlight the significance and importance of the gingival crevice as a portal of bacterial entry into the bloodstream.

TRIGGERING FACTORS IN ODONTOGENIC BACTEREMIA

Any disruption of the finely and harmoniously balanced bacterial biofilm within the gingival tissue niche leads to dissemination of organisms into the bloodstream (116). Not only oral procedures such as periodontal probing, scaling, root planing, and tooth extractions but also routine oral hygiene activities such as brushing, flossing, and other physiological phenomena, such as chewing, can be assumed to be disruptive to the delicate anatomical and functional barrier between the oral biofilm and the host tissues. For these reasons, it can be anticipated that the presence of inflammation in situations such as periodontitis, gingivitis, pulpal or root canal infections, or oral

trauma by poorly fabricated appliances poses an increased risk of bacteremia, especially following mechanical manipulations of the oral cavity.

The literature reveals a vast number of studies on the factors triggering odontogenic bacteremia, varying from prospective controlled studies to clinical trials and case reports. As described in detail below, these fall essentially into bacteremias related to the following: chewing, personal oral hygiene measures such as toothbrushing, periodontal procedures such as scaling and root planing, tooth extractions, insertion of orthodontic appliances, endodontic procedures, and miscellaneous procedures such as sialography (Table 2).

Chewing

The normal physiological act of chewing has marked individual variations, making it one of the most difficult aspects to control in an experimental setting. Despite the theoretical possibility that in susceptible individuals chewing could give rise to a bacteremic state, the data available in the literature so far are inconclusive. In one of the earlier studies of odontogenic bacteremia, it was shown that 17% of the subjects who chewed hard candy (hard mastication) developed bacteremia, while none was detected with gentle mastication (25). Similar results were observed in a later study where postchewing bacteremia was detected in 20% of subjects who had evidence of periodontal inflammation, while none was detected in periodontally healthy subjects and subjects with gingivitis (i.e., superficial inflammation of the gums but not the deep periodontal tissues) (48). However, Murphy and coworkers (89) showed in a controlled study that chewing failed to seed detectable numbers of bacterial species into the bloodstream at different time intervals, irrespective of periodontal health status. Interestingly, in a parallel approach, Geerts et al. (49) noted significantly raised levels of bacterial endotoxins in subjects with chronic periodontitis, as assessed by the Limulus amoebocyte lysate assay.

TABLE 2. Summary of clinical trials and controlled studies on odontogenic bacteremias from 1966 to 2007 (in chronological order)

Procedure studied and parameters under investigation (yr, author [reference])	No. and description of subjects	Sampling time (vol)	Culture method/identification technique	Incidence (%)	Intensity (no. of colonies), diversity (no. of species), and/or predominant species	Remarks
Physical maneuvers and cleaning procedures Brushing performed by the investigator, using an electric tooth brush (1973, Sconyers	30 subjects who were physically healthy and had periodontitis	Baseline and at the fourth min of brushing (10 ml)	Broth culture with standard identification tests	16.7	4 of 5 positive cultures were Streptococcus mitis	Anaerobic cultures yielded a higher rate of recovery of organisms than aerobic
[120]) Routine dental cleaning and prophylaxis (1974, de Leo [32])	39 children between 7 and 12 yr of age	Pre- and postprocedure (6 to 12 ml)	Standard broth cultures and identification methods	Preprophylaxis, 5.1; postprophylaxis, 28.2	28 positive cultures and 8 different strains with 11	Cultures did While diphtheroids comprise oral commensals, these could
Different tooth cleaning procedures (2000, Lucas [80])	155 (brushing, 52; cleaning, 53; scaling, 50)	Baseline and 30 s after cleaning (8 ml)	Automated broth cultures, lysis centrifugation, standard API	Brushing, 39; cleaning, 25; scaling, 40	S. mitis, S. sanguis, and coagulase-negative	be skin contaminants All three predominant isolates are known agents of
Comparison of electric and manual toothbrushes used under general anesthesia (2002, Bhanji [12])	50 healthy children (manual toothbrush, 24; Sonicare [electric] toothbrush, 23; 3 were excluded)	After induction and 30 s after brushing (10 ml)	biochemical methods Automated (Bactec 9240) aerobic and anaerobic culture system; standard biochemical tests	Manual, 46; Sonicare, 78	staphytococci 32 isolates; 23 were <i>Streptococcus</i> spp.	outonogenic entocarduits Sonicare toothbrushing induced a higher degree of bacteremia, indicating that the degree of mechanical disruption is an important determinant of
Brushing with soft-bristled toothbrush (2005, Hartzell [56])	30 physically healthy adults	Baseline and 30 s and 20 min after brushing	Blood culture bottles, standard identification methods	0	3 of the 180 blood cultures were positive for Propionibacterium acnes	bacteremia Brushing in healthy individuals is not an important cause of bacteremia; the positive cultures were regarded as skin
Chewing, toothbrushing, and scaling (2006, Forner [48])	60 (healthy individuals, 20; patients with gingivitis, 20; patients with periodontitis, 20)	Baseline and at 0.5, 10, and 30 min (9 ml)	Lysis filtration, anaerobic culture, standard biochemical tests, gdh and 16S rRNA gene partial sequencing	Healthy patients (scaling), 10; patients with gingivitis (scaling), 20; patients with periodontitis (scaling), 75 (brushing), 5 (chewing) 20	163 positive cultures, 23 different species; 36 of the cultures were streptococci	contaminans Periodontitis is a more important predictor of bacteremia than gingivitis with these procedures
Periodontal procedures Split mouth expt to study the effects of gingival irrigation with sterile water (control) and tap water (test) on bacteremia following ultrasonic scaling (1982, Reinhardt	30 healthy adults	Baseline and immediately postoperative (10 ml)	Broth cultures with subcultures on differential media and pour plate method to quantify the intensity	Control, 50; test, 53.3 (the difference is not statistically significant)	Mostly gram-positive aerobic and anaerobic cocci; identification of individual species was not mentioned	The intensity of the bacteremia was <1 CFU/ml for both groups
Livol) Effects of subgingival irrigation with chlorhexidine on bacteremia following scaling and root planing (1990, Waki [141])	60 patients on periodontal maintenance treatment	Baseline and 2 min after starting the procedure (15 ml)	Initial culture in Septi-Check slide system with subcultures in different enriched media	Pretreatment, 3.7; posttreatment, 18.5	Propionobacterium acnes (predominant isolate), Eubacterium lentes, Sreptococcus spp.,	Species other than streptococci were isolated as the predominant species
Subgingival irrigation and scaling and root planing (1991, Lofthus [77])	30 subjects who were on periodontal maintenance therapy	Baseline, after irrigation, before and after scaling/planing (15 ml)	Standard and Septi-Check blood culture bottles and subculture onto differential media	50 (overall); no statistically significant difference in irrigation with water and chlorhexidine	Network Spp. No data available on the exact identification of the isolates; the majority of the isolates were facultative gram-positive	Chlorhexidine irrigation does not reduce the incidence of bacteremia
Effects of intraoperative and preoperative irrigation with Prosol-chlorhexidine (1993, Allison [5])	12 subjects in whom no dental therapy had been started	Baseline, within 1 min of scaling of each quadrant, and 10 min after the whole	Aerobic and anaerobic cultures in Bactec culture bottles	Placebo rinse, 9/12 patients; Prosol-chlorhexidine (test), 3/12 patients	cocci 36 positive cultures, 13 of which were viridans group streptococci	Initial and continuous use of chlorhexidine reduces the incidence of bacteremia
Subgingival irrigation and rinsing with an antiseptic mouth rinse (1996, Fine [46])	18 subjects who were considered bacteremia prone in the initial assessment	procedure (12 ml) Baseline and postscaling with placebo and antiseptic (10 ml)	Spread plating after mixing with thioglycolate broth	All 18 patients had aerobic and anaerobic bacteremia	No species-level identification was mentioned	Intensity of bacteremia is significantly lower with antiseptic

Continued on following page

VOL. 22, 20)09				ODONTOG	ENIC BACTE	EREMIA BEYOND	ENDOCARDITIS
No significant correlations were found between bacteremia and the severity of periodontitis or extent of bleeding upon	Risk of bacteremia is higher with periodontal inflammation than with gingivitis alone, as noted by a higher odds ratios	No species-level identification was done by PCR; in general, the incidence was lower than that reported previously	Rinsing with povidone-iodine eliminates viridans group streptococci	Diode lasers were shown to reduce the incidence in this split mouth expt, but the time lapse between the two experiments allowed a possible carryover effect	No significant difference in incidence was seen between chronic periodonitis and aggressive periodonitis	Periodontal health status has no influence on the causation of postextraction bacteremia, and the need for use of correct anaerobic cultures was	Reduction or no growth in ginging and calculates was observed in the povidone-iodine group. One study where the duration of bacteremia has been studied beyond 1 h; results for the incidence of bacteremia at 6 h are not shown	Antimicrobial sensitivity tests revealed that all 46 isolates were sensitive for ampicillin, cephaloridine, and vancomycin
45% of the isolates were viridans group streptococci	4 of 9 aerobic/facultative isolates were streptococci	A mixture of organisms, where Actinomyces naeshundii and Streptococcus spp. were found in more than two enhants.	In controls, Prevotella, Actinomyces, and Sreptococcus; in Franchoning group, Franchoning group,	Of the 28 positive cultures, 61% were streptococci, which included S. mitis, S. salivarius, and S. sanguis, other oral species included Prevotella and Prevotella and Prevotella and Prevotella and Prevotella and	Ordinos populars of the 14 different species isolated, P. gingivalis was predominant, followed by (28.6%) Actinomyces spp. and Micromonas micros	155 strains; 46 were strict anaerobes, 44 of the isolates were viridans group streptococci	Identities of isolates were not mentioned 290 positive cultures, among which 29 were exhemolytic or nonhemolytic Streptococcus spp., of the 300 Limulus tests, 7	were positive Of 46 positive cultures, 39 were streptococci, including eight Streptococcus sanguis strains and six S. mutans strains
43	Gingivitis patients, 10; periodontitis patients, 40	Culture: BLJ, 2; P, 6; BLZ, 0; B, 1; S, 4; PCR; BLJ, 3; P, 5; BL2, 1; B, 4; S, 7	At 30 s. control group, 13.3; test group, 3.3; at 2 min: control group, 30; test group, 6.7	Control group, 68; diode laser group, 36	Highest incidence (at 30 min) for generalized aggressive periodontitis, 93.7 (14415 patients); that for generalized severe chronic periodontitis, 74.1 (20/27 patients) (P > 0.05)	Postextraction, 64	Povidone-iodine group, 28; placebo group, 56 Control group, 84; chloramine T ninse group, 48; brushing with chloramine T, 48; irrigation with Lugol's solution, 80	Placebo group, 16/20 patients; chlorhexidine group, 5/20 patients; powidone-iodine group, 8/20 patients
Automated cultures, standard identification methods	Aerobic and anaerobic automated cultures and identification at the genus level	Automated cultures, standard identification methods, 16S PCR using bacterial DNA in blood	Lysis centrifugation with differential aerobic and anaerobic cultures, biochemical tests	Automated culture with indicator system	Culture in Ruiz-Castaneda medium for 15 days, with subcultures at different intervals for identification	Differential aerobic and anaerobic broth and pour plate cultures, with and without CO_2	Conventional culture and standard identification tests Primary and differential culture, morphology, chromatography, <i>Limulus</i> amoebocyte lysate test for endotoxin	Incubation in thioglycolate broth and biphasic media, with subsequent aerobic and anaerobic cultures and standard identification methods
Before and immediately after probing (20 ml)	Prior to and after probing (20 ml)	Baseline (BL1 and BL2), at probing (P), 2 wk later, at brushing (B), at scaling (S) (28 ml)	Before treatment, 30 s and 2 min after procedure (10 ml)	For control group, at baseline, 3 min after initiation of scaling, and 30 min later, for test group, just before and 3 min after initiation of scaling	Baseline and immediately, 15 min, and 30 min after the procedure (5 ml)	Pre- and postprocedure (30 ml)	Baseline, 3 min after dental extraction (unknown vol) Baseline, 5 min after antiseptic, 1 min, 30 min, 1 h, and 6 h after extractions	Immediately prior to and 30 s after extraction (10 ml)
30 subjects at the beginning of treatment for periodontitis	40 (20 patients with periodontitis and 20 patients with gingivitis, based purionity on the radiographic periodonals)	30 subjects with untreated periodontal disease at the commencement of treatment	60 patients who had plaque- induced gingivitis at the commencement of treatment (30 each in control and test	22 patients with plaque- induced generalized periodonitis at the commencement of treatment	42 (27 with generalized severe chronic periodontitis and 15 with generalized aggressive periodontitis)	100 subjects undergoing dental extractions, irrespective of periodontal health status	64 treated with povidone- iodine, 30 treated with placebo 100 patients divided into four groups (no antiseptics, chloramine T, chloramine T with electric brush, or irrigation with Lugol's solution)	60 patients undergoing uncomplicated dental extractions under local anesthesia (placebo group, 20 patients; chlorhexidine group, 20 patients; povidone-iodine group, 20 patients)
Effects of bleeding severity and extent of lesions in bacteremia associated with probing (1997, Daiy [27])	Effects of gingivitis and periodontitis on probing (2001, Daly [28])	Effects of periodontal probing (P), brushing (B), and scaling (S) (2005, Kinane [68])	Effects of povidone-iodine rinse (test) on bacteremia induced by ultrasonic scaling (2007, Cherry [68])	Efficacy of diode lasers in reducing bacteremia associated with ultrasonic scaling (2007, Assaf [8])	Identity of periodontopathogens in blood after scaling and root planning (2007, Lafaurie [71])	Dental extractions Incidence, nature, and antibiotic sensitivity of anaevobic bacteria isolated in postextraction bacteremia (1966, Khairat [66])	Effects of povidone-iodine irrigation on postextraction bacteremia (1971, Scopp [121]) Effects of topical application of antiseptics prior to extraction (1978, Sweet [127])	Efficacy of povidone-iodine and chlorhexidine in postextraction bacteremia (1984, Macfarlane [84])

TABLE 2—Continued

), Remarks	No significant effects of these two macrolide antibiotics in reducing postextraction bacteremia were seen Use of antisptics adone is not enough to eliminate bacteremia, despite the significant reduction of the incidence	rue There is no placebo group in this study for comparison of the true effects of the two antimicrobials that were used. The two treatments, i.e., intraligamentary injection and elective extractions, have not been evaluated separately for the development of	ž H	D A	the bloodstream There was no statistically significant difference between the incidence of bacteremia in the incidence of pacteremia in topical amoxicillin group Incidence of bacteremia was highest (in both groups) during and immediately after the extraction procedure	Organisms with similar phenotypic profiles were detected in 93% of pericoronal nockets and 43%, of extraction
Intensity (no. of colonies), diversity (no. of species), and/or predominant species	No data available on the number of isolates identified Of 61 isolates in all groups, 16 were viridans group streptococci	Sreptococcus oralis was the most frequent isolate Viridans group streptococci were the predominant isolates in all three groups	432 isolates, of which 29 were viridans group streptococci 113 different isolates, 57% of which were streptococci	Predominant isolates from both groups were streptococci Of 73 isolates, 40 were viridans group streptococci	Altogether, 23 species were isolated; 61% were viridans group streptococci, followed by Lactobacillus (13%) 152 positive cultures of 29 different species, with viridans group streptococci being the most frequent isolates in	both groups 31 different bacterial species (8 aerobic, 23 anaerobic); viridans
Incidence (%)	Placebo group, 65; erythromycin group, 60; josamycin group, 70 (not statistically significant) Placebo group, 70; hydrogen peroxide group, 50; povidone- iodine group, 35; chlorhexidine group, 40	Clindamycin group, 40; erythromycin group, 60 Control group, 52.5; povidone-iodine group, 27.5; chlorhexidine group, 45	Cefaclor group, 53 to 79; placebo group,47 to 85 Baseline, 11.3; single extraction, 43.2; multiple extraction, 54.2; flap, 43.1	10.9 (no significant difference in incidence between the two groups) Placebo group, 79 to 86, cefuroxime group, 20 to 33	Control group, 89, oral amoxicilin group, 10; topical amoxicillin group, 60 Placebo group, 84; amoxicillin group, 33	Overall incidence, 88 (14/16 recruits)
Culture method/identification technique	Conventional aerobic and anaerobic cultures, with identification of presumptive streptococci by API system Conventional culture and standard identification tests	Conventional broth cultures and subculture on differential agar media and standard identification tests Culture in Bactec bottles and standard identification	Lysis filtration, standard biochemical methods Broth culture, lysis centrifigation, standard biochemical testing, and Strenbococcus-specific APP	testing Lysis centrifugation and culture on differential media, standard tests and biochemical reactions Automated culture system	Automated Bactec cultures under aerobic and anaerobic conditions Automated aerobic and anaerobic cultures, standard biochemical tests	Standard cultures with subculture on differential media
Sampling time (vol)	Prior to prophylaxis and 2 min after extraction (20 ml) Pre- and postprocedure (10 ml)	Baseline, 1 to 1.5 h after the oral drug was taken (10 ml), 2 to 3 min after extraction (20 ml) Baseline, 24, and 6 min postprocedure (10 ml)	Before, during, and 10 min after extraction (8.3 ml) After anesthesia (baseline), during the procedure, and after the procedure (8 ml)	Before and 1.5 min after the removal of sutures (10 ml) Start of procedure and 30 min postprocedure	After extraction (8.3 ml) 2 min after intubation, before extraction, at different time intervals (6 ml)	1 min after incision, 1, 5, 10, 15, and 30 min after extraction (16
No. and description of subjects	60 (placebo group, 20 patients; erythromycin group, 20 patients; josamycin group, 20 patients; josamycin group, 20 patients with medium-degree oral hygiene indices (placebo group, 20 patients; hydrogen peroxide group, 20 patients; povidone-iodine group, 20 patients; chlorhexidine group, 20	patients 40 patients 40 patients who required emergency dental extractions (erythromycin group, 20 patients; clindamycin group, 20 patients; povidone-iodine group, 40 patients; physical patients; chlorhexidine group, 40 patients)	39 (cefaclor group, 20 patients; placebo group, 19 patients) 207 children undergoing dental extractions under general anesthesia	55 patients followed up after third molar surgery (chlorhexidine group, 31 patients; control group, 24 patients) on the following the following the following multiple extractions (placebo group, 29 patients)	36 (control group, 9 patients; oral amoxicillin group, 10 patients; topical amoxicillin group, 10 patients) 100 children undergoing extraction under general anesthresia (placebo group, 51 patients; amoxicilin group, 49 patients)	16 healthy military recruits
Procedure studied and parameters under investigation (yr, author [reference])	Effect of macrolide antibiotics in postextraction bacteremia (1991, Cannell [18]) Effects of povidone-iodine, hydrogen peroxide, and chlorhexidine on postextraction bacteremia (1992, Yamalik [144])	Effects of oral administration of erythromycin and clindamycin in postextraction bacteremia (1995, Airken [2]) Comparison of the efficacy of povidone-iodine and chlorhexidine irrigation in preventing posttreament bacteremia (1995, Rahn [102])	Effects of prophylactic cefaclor on postextraction bacteremia (1996, Hall [54]) Different modalities of extractions are compared (1998, Roberts [111])	Antimicrobial rinse (chlorhexidine) upon intraoral suture removal after extraction of the third molar (1998, Brown [16]) Effect of single dose of cefuroxime on multiple tooth extractions (1999, Wahlmann [140])	Comparison of topical and oral antibiotic prophylaxis on postextraction bacteremia (2001, Vergis [137]) Effects of amoxicillin prophylaxis on dental extractions under general anesthesia (2004, Lockhart [76])	Extraction of partly erupted mandibular third molars (2004, Rajasuo [103])

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Intensity of bacteremia rose to a peak at 1 min and then gradually declined toward 60 min Amoxicilin is the most effective antimicrobial in reducing the incidence and intensity of bacteremia	Occurrence of bacteremia is not influenced by oral health status Although the incidence was reduced, chlorhexidine did not eliminate postextraction bacteremia altogether	No significant increase in incidence was associated with the procedure. No statistically significant bacteremia in the two groups studied	The studied orthodontic procedures do not seem to contribute to significant odontogenic bacteremia	Although half of the patients who underwent the procedure developed bacteremia, a larger cohort is necessary to arrive at	No significant difference in bacteremia compared to baseline	Incidence of bacteremia was higher when the reamens passed beyond the apices, and identical profiles were demonstrated for blood and	The same organisms were isolated from root canals	Continued on following page
45 different species isolated; Sneptococcus > Actinomyces > Snephylococcus Control group, 139 isolates; amoxicillin group, 36 isolates; dlindamycin group, 135 isolates; moxifloxacin group, 62 isolates (Sneptococcus > Snephylococcus > Snephyloc	Of the 133 isolates, 63.6% were Sheptococcus spp. Sheptococcus spp. were the predominant isolates in all groups	All four isolates were Sreptococcus spp. Banding group, single isolate of Bacteroides oralis; debanding and debonding group, Sapphylococcus aureus, S. samonis	161 discrete colonies of 15 different species; coagulase-regative staphylococi were the most frequent isolates (69.9% of the colonies)	All strains isolated were Streptococcus oralis	39 isolates representing 15 different species; coagulase-negative staphylococci were the predominant isolates	Six different species; Poppionibacerium acnes was isolated from blood of three patients	Six isolates: four were viridans group streptococci	
Highest number of CFU was measured at 1 min Control group, 20 to 96; clindamycin group, 22 to 85; amoxicillin group, 7 to 57; moxifloxacin group, 4 to 46	30 s, 96.2; 15 min, 64.2; 60 min, 20 Control group at 30 s, 96; at 15 min, 64; at 60 min, 20; chlorhexidine group at 30 s, 79; at 15 min, 30; at 60 min, 2	Baseline, 6.6; after procedure, 6.6 No significant increase in bacteremia compared to baseline	No significant increase in bacteremia compared to baseline	4 of 8 patients developed bacteremia after removal of the expanders	Deband group, 26; gold chain adjustment group, 57	Group with reamers passed beyond the apical foramen, 7/13 patients; group with reamers within the root canal, 4/	Group with manipulation beyond the root canal, 12	
Aerobic and anaerobic Bactec culture lysis filtration, PCR analysis, comparative 16S rRNA and sodA gene sequencing Aerobic and anaerobic culture in Bactec 9240 tubes, biochemical tests provided with the Vitek system	Aerobic and anaerobic culture in Bactec 9240 system, biochemical tests provided by Vitek system Conventional culture and standard identification tests	Pour plate and automated blood culture system Automated blood culture system, pour plate method, standard biochemical methods	Pour plate cultures after lysis, biochemical methods	Standard blood cultures and identification methods	Lysis filtration	Standard cultures, biochemical and antimicrobial susceptibility tests	Standard aerobic and anaerobic cultures	
10 s, 30 s, 1 min, 2 min, 4 min, 7.5 min, 15 min, 30 min, 45 min, and 60 min after extraction (13 ml) Before the dental work and 30 s, 15 min, and 60 min after the final extraction	Baseline and at 30 s, 15 min, and 1 h Baseline, 30 s, 15 min, and 1 h postextraction (10 ml)	Before and after the removal of bands (10 ml) Pretreatment and posttreatment (10 ml)	Preprocedure and 30 s after procedure (6 ml)	Before and 10 min after removal (10 ml)	Before treatment and 30 s after procedure (6 ml)	During and 10 min after treatment (8.3 ml)	Before, soon after, and 10 min after the procedure (16 ml)	
500 (divided into 10 time groups) 221 Patients undergoing dental extractions under general anesthesia (control group, 53 patients; amoxicillin group, 56 patients; clindamycin group, 54 patients; moxidioxacin group, 58 patients	53 patients undergoing extraction under general anesthesia for behavioral reasons 106 patients undergoing extractions under general anesthesia for behavioral reasons	30 patients with fixed appliances in both jaws 80 (banding procedure group, 40 patients; debanding and debonding group,40 patients)	85 (alginate impression group, 39 patients; separator placement group, 42 patients; banding group, 25 patients; arch wire adjustment group, 36 patients).	Patrents)	49 (upper deband group, 42 patients; gold chain adjustment group, 7 patients)	26 (group with reamers passed beyond the apical foramen, 13 patients; group with reamers within the root canal, 13 patients)	50 (group with manipulation within root canal, 26 patients; group with manipulation beyond the root canal, 24 patients)	
Duration, prevalence, and intensity of bacteremia following extractions (2006, Roberts [110]) Efficacies of amoxicillin, clindamycin, and moxifloxacin on postextraction bacteremia (2006, Diz Dios [39])	Factors affecting the development of postextraction bacteremia (2007, Tomas [132]) Effects of chlorhexidine mouthwash on postextraction bacteremia (2007, Tomas [132])	Orthodontic procedures Orthodontic debanding and debonding (2000, Erverdi [43]) Effect of chlorhexidine mouthwash on bacteremia following orthodontic banding and debanding (2001, Erverdi [42])	Bacteremia following different orthodontic procedures (2002, Lucas [83])	Removal of Haas palatal expanders (2005, Rosa [113])	Debanding and gold chain adjustment (2007, Lucas [81])	Endodontic procedures Bacteremia following endodontic therapy for apical periodontitis (1995, Debelian [31])	Comparison of endodontic manipulation within and beyond the root canal (2003, Bender [11])	

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Procedure studied and parameters under investigation (yr, author [reference])	No. and description of subjects	Sampling time (vol)	Culture method/identification technique	Incidence (%)	Intensity (no. of colonies), diversity (no. of species), and/or predominant species	Remarks
Nonsurgical root canal treatment (2005, Savarrio [118])	30	Preoperative, perioperative, and postoperative (45 ml)	Standard cultures and identification, genomic DNA detection with 16S rRNA PCR, pulsed-field gel electrophoresis to compare genetic homogeneity	Broth culture, 20; pour plate, 12; PCR, 40	46 anaerobic isolates (14 species) and 30 aerobic isolates (14 species); Streptococcus spp. were the predominant isolates	Some isolates showed genetic similarity with isolates from the root canal
Miscellaneous and aesthetic procedures Prophylaxis and fluoride application in pediatric patients (1971, Hurwitz [60])	32	6 min after finishing the procedure (6 ml)	Standard cultures	No bacteremia detected		Whether aerobic and anaerobic culture methods were attempted is not known
Occurrence of bacteremia with stalography (1985, Lamey [72])	30 patients with possible nonneoplastic salivary gland disease	For 20 patients, at baseline and after 1 min and 5 min; for 10 patients, at 30-s intervals up to 5 min (10 ml)	Initial cultures on broth medium, followed by aerobic and anaerobic subcultures on enriched media	30% developed bacteremia at different stages of the procedure	5/7 isolates were Staphylococcus spp.	Usually Staphylococcus spp. are not detected in odontogenic bacteremias, it is possible that salivary bacteria ingress through the ductal system into the circulation
Air polishing (1989, Hunter [59])	40 (rotating rubber cup [control] group, 20 patients; air polishing group, 20 patients)	Before and 5 min after the procedure (20 ml)	Aerobic and anaerobic broth cultures	Control group, 35; air polishing group, 15	6/12 isolates were viridans group streptococci	Those patients who developed bacteremia in both groups had higher plaque or gingivitis scores
Aspiration incision and drainage versus incision and drainage of dentoalveolar abscesses (1990, Flood [47])	25 (needle, aspiration group, 13 patients; incision-and-drainage-only group, 12 patients)	Baseline and at 1-min intervals until 5 min periprocedure (10 ml)	Initial cultures on broth medium, followed by aerobic and anaerobic subcultures on enriched media	Precedent aspiration group, 0/13 patients; incisionand-drainage-only group, 3/12 patients	All three isolates were Streptococcus spp.	Some isolates recovered from blood had identical phenotypic profiles to those for isolates recovered from pus drained from the observed
Routine dental procedures in pediatric dentistry with general anesthesia (1997, Roberts [109])	735 children in 15 different subgroups according to the procedure being investigated	Baseline and 30 s after procedure (8 ml)	Automated aerobic and anaerobic cultures, routine biochemical testing	Brushing group, 38.5; polishing group, 24.5; scaling group, 40.0; injection group, 90.6; rubber dam group, 29.4; matrix band group, 32.1; extraction group, 38.7 to	357 isolates representing 31 different species, with viridans group streptococci making up >50% of the isolates	nront in a accessor. One of the most detailed studies of odontogenic bacteremia in children
Effects of amoxicilin on bacteremia following nonsurgical dental treatment in children under general anesthesia (2007, Brennan [15])	100 (placebo group, 51 patients; amoxicillin group, 49 patients)	8 draws (before treatment, during treatment and after treatment) (6 ml)	Automated aerobic and anaerobic cultures	50.5; nap group, 39.2. From draw 2, placebo group, 20; amoxicillin group, 6	Species-level identifications are not mentioned	Gingival disease has an impact on bacteremia, and antibiotics do not eliminate it altogether

TABLE 2—Continued

Whether this is a sequel of odontogenic bacteremia or endotoxemia from the inflamed periodontal niches remains to be determined.

Personal Oral Hygiene Measures

The effect of routine personal oral hygiene measures on the development of bacteremia is also difficult to evaluate. Therefore, procedures such as toothbrushing, flossing, and tooth picking and their relationship to bacteremia have been evaluated under controlled conditions, although in reality such exercises could be deemed rather artificial. Nevertheless, Forner and coworkers (48) found that toothbrushing did not cause significant bacteremia of oral origin in either healthy subjects or those with gingivitis, as no positive blood cultures were found in their controlled clinical trial of 60 subjects. Although the latter findings need to be confirmed by further work, these data indicate that mild gingivitis may not cause bacteremia during oral manipulation. Also, in another study of 30 healthy military recruits, it was shown that the true incidence of bacteremia was zero after brushing with soft-bristled toothbrushes. Of the 180 aerobic and anaerobic cultures that were analyzed, only 3 yielded detectable growth, and even these were identified as Propionibacterium acnes, a well-known skin contaminant of blood cultures (56). In early studies, detectable levels of bacteremia ranging from 17 to 44% were noted following toothbrushing in healthy subjects when brushing was performed by the investigator (25, 120). Thus, it appears that at least in adults with a healthy periodontium, brushing is not a significant factor contributing to systemic bacterial dissemination from the mouth.

On the other hand, subjects wearing orthodontic appliances demonstrated bacteremias of odontogenic origin following toothbrushing, with an incidence of 25% (119). For children, there is some evidence to indicate that bacteremias ensue upon toothbrushing performed under general anesthesia and nasotracheal intubation. Furthermore, the incidence was higher when electric sonicating toothbrushes rather than conventional tooth brushes were used (12). The latter finding on bacteremia under general anesthesia needs to be interpreted cautiously, as prolonged intubation in itself causes bacteremia and the magnitude of bacteremia in terms of incidence and diversity increases with the duration of the intubation (93).

With regard to dental flossing, a procedure that could mechanically disturb the periodontal plaque biofilms, bacteremia was associated with sporadic flossing, while no significant bacteremia was detected with daily flossing, even in subjects with gingivitis (19). However, due to the paucity of data and given the fact that flossing is an oral hygiene measure widely advocated for those with gingivitis and periodontitis, prospective randomized controlled studies with larger numbers of subjects are necessary to arrive at a definitive conclusion.

Periodontal Procedures

Various degrees of bacterial dissemination are associated with periodontal probing (27, 28), scaling (22, 68), root planing, and subgingival irrigation (5, 77, 106, 141). The presence of inflammation in the periodontal site is an important contributory factor to bacterial dissemination, as shown by the

increased incidence of bacteremia in subjects with periodontitis compared to those with gingivitis (where the degree of inflammation is considered less severe) and those with healthy periodontium (48). For instance, the incidence of bacteremia varies from 5 to 75% for subjects with periodontitis, as opposed to 5 to 20% for subjects with gingivitis (27, 48). Despite the foregoing, the inflammation associated with gingivitis can be less than that with periodontitis, but not always. In very severe cases of gingivitis, the intensity and inflammation can be equal to or exceed that associated with some cases of periodontitis. In addition, there is no uniform agreement on a positive association between various indices used to measure the degree of periodontal inflammation, such as the presence of bleeding upon probing, gingival index, and plaque index, and systemic bacterial dissemination (Table 2).

Subgingival irrigation with antiseptics such as chlorhexidine prior to scaling and root planing is practiced by some dental surgeons. Waki and his group (141) found no significant decline in the incidence of bacteremia due to this supplementary procedure, nor was there a significant relationship with the quality of the irrigation fluid used, whether sterile water, clean water, or antiseptics (77, 106). However, there is some evidence that the bacteremic incidence does drop with continuous and regular rinsing with chlorhexidine or povidone-iodine irrigation of gingival sulci (5, 102).

In laboratory microbiological terms, although there is no significant influence on reducing the incidence of bacteremia, some workers found the intensity of bacteremia, measured by the number of CFU per milliliter, to be significantly lower when antiseptic mouth rinses were used prior to ultrasonic scaling (46). Taken together, the foregoing data imply that when periodontal procedures are performed on individuals with poor oral hygiene (as indicated by increased plaque indices), there is a higher risk of developing a bacteremia.

As for methods that reduce the incidence and intensity of bacteremia during periodontal manipulations, promising results have been shown with the use of a diode laser as an adjunct to ultrasonic scaling, and this could be attributed to the lesser degree of tissue trauma inflicted. In addition, lasers may also possess a degree of antibacterial activity (8). However, large-scale and well-controlled studies are necessary to confirm the latter finding.

Tooth Extraction

Tooth extraction, or exodontia, and associated tissue trauma cause bacteremia, and this is by far the most-studied oral surgical procedure evaluated to assess odontogenic bacteremias. According to a number of studies, the incidence of bacteremia ranges from 13 to 96%, depending on the evaluated time intervals as well as other experimental variables studied (Table 2). It has been shown that bacteremias can follow simple dental extractions as well as extractions of impacted teeth that entail minor surgical intervention (76, 103, 109, 110, 132, 137, 140). In such circumstances, the bacteremic incidence appears to be influenced positively by the presence of gingivitis, periodontitis, and other odontogenic infections, such as dentoalveolar abscesses, suggesting a direct relationship between an increased bacterial biofilm burden and bacteremia (15, 26, 128, 132). Other contributory factors for the phenom-

enon are the extent and duration of the surgical period and the magnitude of blood loss (92). When surgical incisions were made to facilitate the extraction of teeth, particularly impacted third molars, with subsequent insertion of sutures, nearly 10% of individuals had a bacteremia following the removal of sutures, and the incidence was not reduced by the use of preoperative antiseptic rinses (16).

Despite the fact that intubation is associated with bacteremia (93), no significant change in bacteremic incidence was observed when extractions were performed under general anesthesia (128). In addition, there is no apparent change in the incidence of bacteremia with increased numbers of teeth extracted or the use of mucoperiosteal elevators (103, 111, 133). Similarly, pre- and perioperative administration of antimicrobial agents, such as clindamycin, erythromycin, josamycin, and cefaclor, appears to have no significant effect in reducing the incidence of bacteremia (18, 53, 54). Similar results have been observed with the use of perioperative topical antibiotic applications (137).

Only a few procedures related to exodontia appear to reduce surgical bacteremias, and these include preoperative administration of antimicrobial agents, such as amoxicillin, cefuroxime, and moxifloxacin, that significantly reduce the incidence of such bacteremias (39, 140). Moreover, broad-spectrum degerming rinses, such as povidone-iodine, chloramine-T, and chlorhexidine, have been shown to reduce the incidence of bacteremia when administered as a rinse or irrigation prior to the extraction procedure or instrumentation, and povidone-iodine was shown to be the most potent in reducing the incidence (84, 121, 127, 144).

Orthodontic Procedures

Insertion of fixed orthodontic appliances involves manipulation of the oral tissues, particularly the teeth and the gingivae, and this may lead to systemic bacterial dissemination. However, the evidence to date shows that significant bacteremia is associated only with the insertion of separators that mechanically push teeth apart with significant force to create space for unerupted teeth (83). Other orthodontic procedures, such as taking alginate impressions, banding, debonding, removal of fixed appliances, and gold chain adjustments, appear to produce no significant bacteremia (42, 43, 83, 113).

Endodontic Procedures

It is highly likely that endodontic procedures that entail instrumentation of pulp chambers of either single or multiple root canals of teeth with reamers and broaches may introduce bacteria into the periapical vasculature of the teeth, with consequent bacteremic episodes. One important determinant of the onset of bacteremia in such situations appears to be the degree of tissue trauma caused by the instrumentation. Not surprisingly, therefore, the incidence of bacteremia was reportedly higher when the reamers reached beyond the confines of the root canal than in atraumatic endodontic procedures (11, 30, 31).

Miscellaneous Oral Procedures

Apart from the routine therapeutic and preventive dental procedures such as extractions and periodontal surgery discussed above, elective esthetic procedures, such as tooth polishing and whitening, which are now very popular and which are known to induce gingival epithelial abrasion and trauma, have not been shown to produce bacteremia (59). There is, however, a paucity of literature in this area and a need for large-scale controlled clinical trials.

Sialography, a procedure commonly carried out by specialists in oral medicine for imaging of the major salivary glands, entails injection of radio-opaque dyes into the ductal system of the glands. Bacteremias of streptococcal origin have been observed by some workers during different stages of such procedures (72). One reason for this could be the translocation of mucosal flora into the salivary duct system due to the pressure of the injecting dye.

Dentoalveolar abscesses are known to induce inflammation and vascular proliferation essentially at the periapical region of the tooth. Bacteremias have been reported when the purulent content of such lesions was drained by simple incisions. However, needle aspiration of pus prior to incision and drainage of the abscess was shown to reduce or totally eliminate the bacterial dissemination, possibly by reduction of the pressure inside the abscess before the surgical manipulation of the tissues (47).

To conclude, then, with reference to all of the dental treatment procedures discussed above, it appears that the following two major parameters dictate bacteremic episodes: first, and most importantly, the degree of inflammation present at the site, which is often directly related to the microbial load of the biofilm, as seen in generalized aggressive periodontitis (7, 29, 94); and second, the amount of tissue trauma that is inflicted. As for measures to eradicate odontogenic bacteremia, no single method (either topical or systemic antimicrobials or degerming antiseptic agents) has been effective, despite the fact that some measures may reduce the incidence significantly relative to others.

TEMPORAL NATURE OF ODONTOGENIC BACTEREMIA

It is generally accepted that odontogenic bacteremias are transient in nature. Furthermore, it has been surmised that at least in healthy individuals, the bacteria are scavenged from the bloodstream relatively quickly by the innate and adaptive defense mechanisms (20, 100). Despite this general contention, some studies indicate that an episode of odontogenic bacteremia could last as long as 60 min (39, 110, 132), and most studies report the presence of bacterial species in blood for up to 30 min (Table 2; Fig. 2). This incidence profile can be observed in all forms of odontogenic bacteremias irrespective of the triggering factors, underlying predisposing conditions, or detection methods. A schematic illustration compiled from the data in the literature on the relationship between the incidence of bacteremia and the postprocedure time is given in Fig. 2. From the cumulative data, it can be deduced that the bacteremic incidence peaks within the first few minutes and then gradually declines after 10 to 20 min. Furthermore, depending on the threshold sensitivity of the detection method, the total reduction in the bacteremic load may vary from 10 to 90% at 30 s and from 2 to 20% at 60 min. It is important, however, that in spite of an initial steep fall, a few bacteria survive in the circulation after a bacteremic challenge from the oral cavity. The role of these persisters and how they survive host defenses need to be evaluated further, as they may well be the ones that evade the initial host immune burst and have the propensity to seed target organs and cause systemic and distant infections (34, 73).

SYSTEMIC OR END ORGAN INFECTIONS WITH ORAL BACTERIA

The relationship between focal infection in the oral cavity, such as chronic periodontitis and gingivitis, and systemic diseases, including heart disease, diabetes, adverse pregnancy outcomes, and stroke, has aroused much concern lately (104). Apart from the seeding infection as a direct consequence of transient bacteremia, such oral-systemic interactions and outcomes could be due to other, indirect reasons, such as metastatic inflammation as a result of circulating macromolecular complexes and/or metastatic injury due to soluble toxins and bacterial lipopolysaccharide (50, 58, 74).

Although virtually any system or tissue can be affected by disseminated infection from the oral niches, endocarditis is the most well known and highly evaluated such affection. As stated earlier, literature on the latter subject is vast and extensive, and we make no attempt to review this aspect herein. Available data in the literature on other systemic and end organ infections due to oral origin are summarized in Table 3.

CNS

The central nervous system (CNS), principally the brain and the spinal cord, is encased in an anatomical and functional covering. Thus, circulation to the brain is dependent upon a meshwork of blood vessels in juxtaposition with specialized brain cells known as the blood-brain barrier. Bacteria circulating in the bloodstream could ingress into the CNS through the blood-brain barrier. In addition, because of anatomical proximity, organisms could directly ascend to the brain or the upper part of the spinal cord from oral niches. For these reasons, it is apparent that the CNS could be a vulnerable relocation site for oral bacteria. In a review of cases of pyogenic infections in the brain and the spinal cord, Ewald and coworkers (44) pointed out that predominant oral bacterial species, such as Fusobacterium nucleatum, Veillonella, Streptococcus anginosus, Streptococcus oralis, and Actinomyces meyeri, could be detected in both the primary lesions and either cerebrospinal fluid or the blood. In addition, most subjects demonstrated one or more intraoral pathologies, such as periodontitis, gingivitis, caries, or periapical osteitis. Arguably, these lesions could serve as the primary infective focus for the dissemination and subsequent seeding of bacteria into an end organ site. For a majority of episodes, the absence of other detectable infective foci led researchers to conclude that the oral cavity, by default, is the primary source of infection (57, 61, 63, 67, 86, 88, 114, 126, 139). However, these studies, mainly case reports, suggest a relationship between pyogenic CNS infections and an oral origin of bacteria such as *Abiotrophia* spp., *Dalister pneumosintes*, *Streptococcus intermedius*, *S. oralis*, *Streptococcus constellatus*, *Fusobacterium* spp., *F. nucleatum*, *Aggregatibacter actinomycetemcomitans*, and *Porphyromonas gingivalis* (57, 61, 63, 67, 86, 88, 114, 126, 139). These organisms are all members of the oral resident flora, particularly that of the subgingival niche. In most reports, there is concomitant circumstantial evidence of poor oral hygiene, periodontitis, dental abscesses, mucositis with oral ulcerations, and the CNS lesions. Interestingly, in a few reports, phenotypic or genotypic homogeneity of the CNS and oral isolates was also traced (86, 139).

Skeletal Infections

As evident from the data presented in Table 3, odontogenic infections of the bones and joints are not as frequent as CNS infections. Yet there is clear evidence of oral bacteria causing multiple discitis and sacroiliitis, prosthetic hip joint infections, acute osteomyelitis, and paraspinal abscesses (Table 3). Apart from the presence of chronic oral infections such as periodontitis, recent invasive oral procedures, such as tooth extraction and ultrasonic scaling, have also been implicated as potential triggering factors for these infections. Common oral bacterial species such as *Abiotrophia defectiva*, *Streptococcus intermedius*, viridans group streptococci, *Haemophilus aphrophilus*, and *Haemophilus paraphrophilus* have all been implicated in such infections (37, 62, 75, 117, 142).

Respiratory Infections

Pulmonary infections consequential to odontogenic bacteremia have been described, although this is controversial because it can always be argued that bacteria could translocate into the lungs through direct anatomical routes. However, involvement of more than one lung, the multiplicity of lesions, and the nature of the organisms favor an oral-hematogenous spread. It has therefore been argued that such episodes are a result of spread from an oral niche due to the presence of poor oral hygiene or recent orogingival manipulation. Selenomonas spp., viridans group streptococci, Streptococcus intermedius, and Actinomyces odontolyticus have been implicated in acute respiratory distress syndrome, infection of the postpneumonectomy space, septic pulmonary embolism, and lung abscesses, respectively (13, 23, 38, 129). Interestingly, however, almost all subjects with such pulmonary infections were shown to have a compromised immune status due to advanced malignancies.

Septicemia

Similarly, there are many reports implicating odontogenic bacteremia as a causal factor for septicemia, particularly in individuals with hematological malignancies (35, 64, 97, 98, 105, 131, 138). In a recent study, even among otherwise healthy subjects, a majority of subjects with *Leptotrichia buccalis* septicemia were shown to have some form of intraoral infective focus (135). Yet in a vast majority of these cases, the connectivity between the oral cavity and the systemic focus is tenuous and, at best, circumstantial.

TABLE 3. Summary table annotating the literature on systemic infections (apart from endocarditis) due to oral bacteria

Phylum, yr, and author (reference)	Genus or species	Systemic infection	Putative oral source	Diagnostic method	Remarks/comments on isolates
Firmicutes 1985, Lindqvist (75)	Viridans streptococci	Hip arthroplasty infection	Antecedent dental procedures	Culture and biochemical tests	Detailed identification to the species level not performed
1990, Bisiaux-Salauze (13)	Selenomonas (S. artemidis and S. infelix)	Lung infections leading to ARDS	Poor oral hygiene	Culture and biochemical tests with gas chromatography of metabolic products and electron	Two cases; Selenomonas spp. are members of the oral commensal flora
1993, Christensen (23)	Streptococcus intermedius	Septic pulmonary embolism	Recent history of toothache	microscopy Culture and biochemical tests	A predominant member of the oral commensal flora also implicated in
2000, Kaar (62)	Streptococcus intermedius	Infection of a revision total hip arthroplasty	Supragingival cleaning ~30 h before the onset of bacteremia	Culture and biochemical tests	bacterial endocarditis The bacteria might have disseminated from periodontal plaque biofilm
2000, Michelow (88)	Abiotrophia spp.	Cerebral abscess	Severe mucositis with oral ulceration	Culture and biochemical tests with RapID ANA II system	
2002, Rousee (114)	Dialister pneumosintes	Brain abscess	Gingivitis and periodontitis	Phenotypic characterization and 16S rRNA gene sequencing	No evidence hitherto of concomitant systemic affections
2004, Dietl (38)	Viridans streptococci	Infection of postpneumonectomy space	Recent dental work (gum surgery)	Culture and biochemical tests	Viridans group streptococci are commonly implicated in endocarditis, but in this case, they caused lung infection in a cancer patient
2004, Marques da Silva (86)	Streptococcus constellatus	Brain abscess	Presence of deep periodontal pockets, bleeding, tooth mobility, and radiographic signs of alveolar bone loss	Restriction fragment length polymorphism analysis, ribotyping, and random amplification of cDNA ends showed identical profiles with the oral isolates	One of the few instances where genetic homogeneity has been determined for blood/ tissue and oral isolates
2005, Wilhelm (142)	Abiotrophia defectiva	Multiple discitis and sacroiliitis	Recent series of dental surgical procedures	Culture and biochemical tests with 16S rRNA gene sequencing	Previously known as nutritionally variant streptococci, this organism is increasingly isolated from immunocompromised patients
2005, Kazanci (63)	Streptococcus oralis	Middle cerebral artery thrombosis	Dental abscess	Culture and biochemical tests	It is difficult to determine whether the infection is a result of local spread or hematogenous dissemination
2006, Detry (35)	Solobacterium moorei	Septicemia in a patient with multiple myeloma	Apical dental abscesses	Cultures, biochemical tests, and chromatography	This organism is also considered to be associated with halitosis
Fusobacteria 1985, Reig (105)	Leptotrichia buccalis	Septicemia (two cases)	Oral mucosal ulceration	Culture, biochemical tests, GC content of cellular organic acids	Both patients were undergoing chemotherapy for
1999, Patel (97)	Novel Leptotrichia spp.	Septicemia	Oral herpes simplex lesions	Culture, biochemical tests, GC content of cellular organic acids, and 16S rRNA gene sequencing	malignancy The patient had acute myeloid leukemia
2001, Tee (131)	Leptotrichia trevisanii	Septicemia	Gingivitis, mucositis, and oral ulceration	Anaerobic culture, RapID ANA profiles, and 16S rRNA gene sequencing	Infection in a patient with acute myeloid leukemia
2003, Heckmann (57)	Fusobacterium nucleatum	Multiple brain abscesses	Poor oral hygiene	Presence of fusobacterial DNA in the cerebrospinal fluid	F. nucleatum is a well- recognized periodontal pathogen
2006, Ulstrup (135)	Leptotrichia buccalis	Septicemia	Periodontitis	Culture and biochemical tests	12/19 patients had oral lesions

TABLE 3—Continued

Phylum, yr, and author (reference)	Genus or species	Systemic infection	Putative oral source	Diagnostic method	Remarks/comments on isolates
2006, Khouzam (67)	Fusobacterium spp.	Brain abscess	Poor oral hygiene, with numerous cavities and gingivitis	Culture, biochemical tests	Mixed microbial infection with <i>Streptococcus spp</i> .
2006, Ewald (44)	Fusobacterium nucleatum	Brain abscess in the right occipital lobe	One or more of periapical osteitis, caries in teeth, gingivitis, and retained tooth	Isolation of the organism from the lesion through culture	Series of six cases; Streptococcus, Bacillus, and Actinomyces spp. were also isolated
Proteobacteria 1993, Pedersen (98)	Neisseria meningitidis	Septicemia	Recent tooth extraction	Culture and biochemical tests	Although the normal route of infection is through nasopharyngeal colonization, this case is likely to be odontogenic
1997, Roiz (112)	Kingella kingae	Septicemia	Recent dental procedure	Culture and biochemical tests	Well-known etiological agent of odontogenic endocarditis (i.e., the HACEK group)
1997, Samuel (117)	Haemophilus paraphrophilus	Paraspinal abscess	Recent periodontal surgery	Specialized cultures	Members of the HACEK group of organisms and oral commensals
1999, Dewire (37)	Haemophilus aphrophilus	Acute osteomyelitis of the humeral shaft	Recent dental cleaning and ultrasonic scaling	Culture and antibiotic sensitivity tests	Members of the HACEK group of organisms and oral commensals; rare cause of bone infections
2004, Iida (61)	Porphyromonas gingivalis	Brain abscess	Presence of tooth infection	Recovery of the organism from the cerebrospinal fluid	Well-confirmed etiological agent of periodontitis
2008, Pasqualini (95)	Aggregatibacter aphrophilus	Spinal epidural abscess with cervical spondylodiscitis	Apical periodontitis	Standard cultures biochemical tests and API index	No underlying predisposing conditions except periodontitis
2005, Stepanovic (126)	Aggregatibacter actinomycetemcomitans	Brain abscess	Poor dentition, poor oral hygiene, with cariotic teeth	Culture and biochemical tests	Previously known as Actinomyces actinomycetemcomitans, associated with a number of oral lesions
Actinobacteria 2003, Takiguchi (129)	Actinomyces odontolyticus	Lung abscess	Periodontitis	Culture and biochemical tests	Known oral pathogen
Bacteroidetes 2003, Mantadakis (85)	Capnocytophaga gingivalis	Septicemia	Dental caries and gingivitis	Quantitative culture by lysis centrifugation	Acute lymphoblastic leukemia

Infections in Pregnancy

Although a recent well-controlled randomized trial by Michalowicz and coworkers (87) found no association between periodontal indices and pregnancy outcomes, there is increasing evidence to indicate that adverse pregnancy outcomes, such as preterm birth and premature rupture of the membranes, are associated with poor maternal oral health, particularly chronic periodontitis (14, 69, 78, 79, 130). This could be due to a low level of chronic bacteremia as well as to chronic inflammation, which upregulates the levels of cytokines and other inflammatory modulators.

Furthermore, periodontopathic bacteria could also be detected in placentas of pre-eclamptic women (9). Despite the fact that most infections of the gravid uterus, fetus, newborn, or postpartum uterus originate from the reproductive tract, records indicate at least one instance where oral bacterial species with identical genetic homogeneity were recovered from both the in utero infection and the oral cavity (55). Given the well-known historical fact that the syphilitic spirochete *Treponema pallidum* crosses the fetoplacental barrier, resulting in neonatal syphilis and associated dental abnormalities (e.g.,

mulberry molars and Hutchinson's incisors), it is tempting to speculate that oral bacteria, including the spirochete *Treponema microdentium* and others, may affect the fetus, possibly through fetoplacental passage. Immunological studies have also revealed higher levels of periodontopathogen-specific immunoglobulin M in umbilical cord blood in babies born preterm (14). Whether this is a result of fetoplacental bacterial passage and dissemination or a generalized immune response has yet to be determined. Therefore, much more research is warranted to establish a link between odontogenic bacteremias and fetal and maternal health.

DIAGNOSING THE SOURCE OF BACTEREMIA

The traditional gold standard for the detection of bacteremia is the use of in vitro cultures. For this purpose, liquid, solid, or biphasic culture media have been used with various incubation periods (124). In clinical microbiology laboratories, automated blood culture systems such as the Bactec system are now routinely used for this purpose (21). These automated systems enable the rapid recognition of bacterial growth by

emitting fluorescence or a color change of the sample. Once growth is detected, aliquots are subcultured onto different agar media for further definitive identification of the offending organism(s). These automated methods are rapid, yet quantification of bacteremia is difficult, and for this purpose, the lysis filtration method is generally used. Briefly, lysis filtration involves treatment of a defined volume of blood with a medium that can digest the cellular contents and filtering through a membrane of defined pore size to capture the bacteria. The membrane is then inoculated in a growth medium to evaluate bacterial growth. The data yielded are quantitative and thus are more sensitive than those obtained with conventional and automated culture techniques (82, 145).

Once cultured, the bacteria are usually identified using phenotypic characteristics, such as the presence or absence of metabolic pathways, alterations in metabolic pathways, the utilization of substrates, and end product profiles. These tests are miniaturized and packaged into standardized, commercially available kits that allow comparison of the activity profile indices (e.g., API tests). One drawback of these identification methods is that they are exclusively dependent on the growth of the organism in either a liquid or solid culture medium. Given the fact that a large number of oral bacterial species are now known to be extremely slow growing or uncultivable, the value of standard culture methods and growth-dependent identification profiling has recently been questioned (3). As a partial solution to this problem, molecular probe-based identification methods are used and are gaining popularity (45, 99). Unfortunately, though, most of the latter methods are also dependent upon the successful isolation of the bacterial species in the primary culture. The latest approaches in detecting bloodstream infections, such as PCR-single-strand conformation polymorphism and direct amplification and sequencing of the 16S rRNA genes, which do not rely on in vitro culture, appear to be the solution to this impasse (101, 134). Nevertheless, such approaches have yet to be used and validated in prospective trials of experimental odontogenic bacteremias.

Whenever a bacterial species is isolated from a clinical blood sample, the next issue that needs to be addressed is its origin. A vast number of studies on odontogenic bacteremias and systemic infections of odontogenic origins are based on circumstantial evidence that relates the oral organism and those of the infective focus. These include factors such as poor oral hygiene in the affected individual, a history of dental treatment in the immediate past, or a traumatic event related to the oral cavity (Table 3). The veracity of these assumptions and the significance of the information can be ascertained only when the same phenotype is isolated, in particular when the isolates from the two niches are genotypically identical. Phenotypic similarities between the isolates from the two sites have been demonstrated by biochemical profiles, chromatographic evidence of cellular macromolecules, sodium dodecyl sulfatepolyacrylamide gel electrophoresis of cellular proteins, and antibiotic sensitivity patterns (11, 31, 103). However, only a few workers have attempted to determine the genetic homogeneity of the isolates, despite the greater robustness of this method. For the latter purpose, pulsed-field gel electrophoresis of genomic DNA and ribotyping have commonly been used, although more recently, the use of 16S rRNA gene sequence

homogeneity and bioinformatics-based methods has shown promising results in assessing clonality (30, 55, 64, 65, 86, 118).

Also notable is the fact that molecular sequence-based approaches have higher sensitivities than do cultivation-based approaches. In addition, sequence-based detection methods based on universal 16S rRNA genes or other specific bacterial gene markers could be employed as markers of a treatment response when cultures fail to show bacterial growth. One drawback of these rapid and sensitive molecular diagnostic methods, however, is that they do not lend themselves to antimicrobial sensitivity testing, as the organism cannot be physically grown in culture. This information is important for clinicians, who rely on laboratory antimicrobial sensitivity tests to initiate or modify treatment (107). In clinical terms, the molecular typing methods to determine clonality should be considered adjuncts in situations where the clinical presentation is atypical or when there is no or a poor response to antimicrobial therapy.

BACTERIAL DIVERSITY IN ODONTOGENIC BACTEREMIA

As opposed to the more than 700 bacterial species that inhabit the oral cavity, relatively fewer species have been isolated from blood cultures for odontogenic bacteremias. As shown in Table 4, there are at least eight bacterial taxonomic families that are represented in different oral niches. Of these, members of the family Firmicutes occupy the bulk of the microbiome in terms of the numbers of genera and bacterial species (1, 36, 70). Phylogenetic studies of the oral microbiome have shown that a large proportion of the oral bacteria comprise the genus Streptococcus. This holds true for the isolates in experimental odontogenic bacteremias as well (Table 2). In a number of controlled clinical trials, streptococci were the predominant organisms isolated, ranging from 40 to 65% of isolates (39, 48, 109, 110, 132, 140). Other genera of the Firmicutes family have been isolated from the bloodstream, to a lesser extent than streptococci, and include species of the Abiotrophia, Dialister, Selenomonas, and Solobacterium genera, in descending order. The Fusobacteria family is the second most commonly isolated bacterial family from the bloodstream and includes genera such as Leptotrichia and Fusobacteria, while other families, such as Actinobacteria, Synergistes, and Bacteroidetes, are far less common. Finally, there are no data in the literature describing the dissemination of either Spirochaetes or recently detected families, such as the Obsidian pool and TM7 bacteria, from the mouth in experimental odontogenic bacteremias or systemic infections secondary to dental treatment procedures. The last two families are not known to possess any cultivable species thus far.

CONCLUDING REMARKS

On appraising the literature on odontogenic bacteremia, it is clear that a number of oral manipulative procedures can give rise to bacteremias of oral origin. The highest incidence of bacteremia results from tooth extractions. Periodontal manipulations are also shown to produce a long-lasting (>30 min) bacteremia. This is probably a reflection of the bacterial load and tissue trauma or associated inflammation at these niches.

TABLE 4. Bacterial families and genera that inhabit oral niches^a

Family	Genus
Firmicutes	Abiotrophia
	Anaerococcus
	Anaeroglobus
	Bulleidia
	Butyrivibrio
	Catonella
	Centipeda
	Dialister
	Eubacterium
	Filifactor
	Gemella
	Granulicatella
	Johnsonella
	Lactobacillus
	Megasphaera
	Micromonas
	Mogibacterium
	Paenibacillus
	Peptococcus
	1
	Peptostreptococcus Schwartzia
	Selenomonas
	Solobacterium
	Staphylococcus
	Streptococcus
T 1	Veillonella
Fusobacteria	
4 7	Fusobacterium
Actinobacteria	
	Actinomyces
	Atopobium
	Corynebacterium
G	Rothia
Synergistes	Synergistes
Spirochaetes	
Proteobacteria	ĕ
	Lautropia
	Neisseria
	Haemophilus
	Desulfobulbus
	Cardiobacterium
	Campylobacter
TM7	
Bacteroidetes	
	Porphyromonas
	Tannerella
	Prevotella
	Bacteroides

^a Data are from various studies. Note that apart from the domain *Bacteria*, members of the domain *Archaea* have also been isolated from different oral niches. However, their role in systemic infections has yet to be evaluated.

Other oral procedures are not as significant, at least for individuals with healthy oral cavities. Routine oral hygiene measures such as brushing or flossing are unlikely to cause a significant degree of bacteremia, but sporadic cleaning after accumulation of a heavy plaque load should be considered a potential risk factor for a bacteremic state.

As evident from Tables 2 and 3, bacteria of potential oral origin detected in odontogenic bacteremias show some degree of diversity, but to a much lesser extent than that of the oral cavity. It is probable that this lack of diversity of blood-borne bacterial species is due to (i) their virulence attributes that facilitate entry into the bloodstream, (ii) the rapid clearance of the bacteria by host defenses, and (iii) the low threshold of the

current detection methods used in clinical laboratories. However, as in the oral niche, the predominant bacterial genus isolated from the blood is *Streptococcus*. More than half of systemic affections are of streptococcal etiology, indicating that the predominance of streptococci in the oral niche could be a factor in determining their entry into the bloodstream (136).

A vast majority of bacteremias have been detected by cultivation and subsequent phenotypic characterization. Different forms of aerobic and anaerobic culture methods have been utilized. Comparison of different experimental bacteremia studies is difficult because there is no uniform agreement between timing of sampling, volume of blood drawn, and bacteriological identification methods. However, irrespective of the culture method, a larger volume of blood drawn does not necessarily concur with a higher incidence of bacteremia. Ouantification of bacteria has often been done using lysis filtration of a defined volume of blood. Novel, more sensitive bacterial detection and identification methods, such as 16S rRNA gene sequencing, have not been used on a large scale. Strangely, though, the two studies that employed PCR of 16S rRNA genes showed lower incidences of bacteremia due to oral manipulations than that reported by culture techniques (68, 118). These differences could possibly be overcome by increasing the template volume as well as the sample size.

Most of the bacteremias considered odontogenic in the literature are based on circumstantial evidence. Hence, it is imperative that future workers study the genetic relatedness of organisms, rather than their phenotypes, in evaluating experimental odontogenic bacteremias.

Apart from bacterial endocarditis, there are a number of other systemic affections caused by bacteria residing in the oral cavity. However, most of the records on such infections are presented in the literature in the form of case reports or as a summary of a few cases. Since case reports are not the preferred mode of editorial boards due to a lack of originality, it is safe to assume that a large number of these go unreported.

It is safe to conclude, then, that odontogenic bacteremias are likely to cause systemic and end organ infections, but it is likely that most such infections are occult and dealt with swiftly by body defenses. The available data provide us only a glimpse of the reality, and much more work, using sophisticated sampling, detection, and analytical techniques, is required to draw firm conclusions. It is hoped that the availability of novel molecular and genomic tests will help to demystify the connection between odontogenic bacteremia and end organ infections in the not too distant future.

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AUTHOR'S CORRECTION

Microbiology of Odontogenic Bacteremia: beyond Endocarditis

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